

# Artisanal Foods and Beverages Made in the Tucson Region with Unique Local Ingredients

**T**HIS LIST includes more than 100 regional products processed with nonindustrial techniques by more than 40 Native-American, Mexican-American, and Anglo-American artisans. Products processed with indigenous traditional techniques are indicated with an asterisk (\*).

The products on this list are available for purchase at places of production, stores, farmers' markets, and online. Retail shops where you can find a selection of these items include Five Points Market & Restaurant, Food Conspiracy Co-op, the Native Seeds/SEARCH store, Plaza Liquors, San Xavier Co-op

Store, Time Market, and others.

This list is not comprehensive as there are constantly new products and producers. Visit [ediblebajaarizona.com](http://ediblebajaarizona.com) for an up-to-date list. Submit additional artisanal products for listing to [info@ediblebajaarizona.com](mailto:info@ediblebajaarizona.com).

Company or Organization	Locally Sourced Products	Ingredients
<b>Flours</b>		
<b>BKW Farms</b>	White Sonora wheat Flour	White Sonora wheat flour
<b>Cheri's Desert Harvest</b>	Old Pueblo Pecan Bread Mix	White flour with southern Arizona pecans
<b>Desert Harvesters</b>	Native Arizona Mesquite Flour	Velvet mesquite pod flour
<b>Flor de Mayo Arts</b>	Heirloom Organic Whole Kernel Mesquite Flour	Velvet mesquite pod flour
<b>The Mesquiteria</b>	Native Arizona and Sonora Mesquite Flour	Velvet and honey mesquite pod flour
<b>Native Seeds/SEARCH</b>	Apple Mesquite Muffin Mix, Golden Mesquite Cookie Mix, Native Arizona Mesquite Flour	Mesquite pod flour
<b>San Xavier Co-op</b>	Mesquite Cookie Mix, Mesquite Flour, Pima Club Wheat Flour	Velvet mesquite pod flour, Pima club wheat flour
<b>Tortilleria Arevalo</b>	Local Mesquite Pancake Mix	Velvet mesquite pod flour, sweet Sonoran flour, and other ingredients
<b>Beers, Wines, and Spirits</b>		
<b>1912 Brewing Company</b>	How About Them Apples Gose, Gose On and Get It, Sour of Discord: 8th Circle of Hell	Mesquite-smoked malt, White Sonora wheat, pomegranate
<b>Borderlands Brewery</b>	La Morena, Prickly Pear Wheat Beer, Smoke & Irons Scottish Ale	Toasted southern Arizona pecans, prickly pear juice
<b>Catalina Brewing Company</b>	La Rosa de Catalina Cream Ale, Mesquite Agave Ale, Mesquite Smoked Pecan Doppelbock, Half Moon Dunkel Weisse, Scout Porter Ojo Blanco	Prickly pear juice, Velvet mesquite pod meal, agave nectar, southern Arizona pecans, White Sonora wheat, mesquite-smoked malt
<b>Hamilton Distillers</b>	Mesquite-smoked Whiskey del Bac	Barley malted over mesquite wood
<b>Iron John's Brewing</b>	Figgy-Piggy Fig Pumpernickel, Rye Dark Lager, Fire & Flavor Green Chile Ale, La Llorena Mole Stout, Masa Cheve Green Corn Masa Lager, Nutty Lu Mesquite Brown Ale, Saison de Jukhi Sonoran Saison	Local figs and pumpernickel bread from Beyond Bread, mesquite-smoked mild Anaheim chiles, traditional mole and dried chiles, Lerua's green corn masa, cobs, husk and silk, velvet mesquite pods, southern Arizona pecans, Emory oak bellotas, creosote blossoms, white sage
<b>Pueblo Vida Brewing Company</b>	Nelson IPA, Prickly Pear Pale Ale	Local sage, prickly pear juice
<b>Sentinel Peak Brewing Company</b>	Heatwave Hefeweizen	White Sonora wheat
<b>Sonoita Vineyards</b>	Angel Wings Mission grape wine	Mission grapes
<b>Three Wells Distilling Company</b>	Mt. Lemmon Gin	Alligator juniper berries, juniper tips, creosote bush, chiltepin peppers
<b>Breads</b>		
<b>Tortilleria Arevalo</b>	Gluten-free Mesquite Tortillas, Mesquite Pecan Bread	Mesquite pod flour, southern Arizona pecans
<b>Barrio Bread Company</b>	Local grain sourdough breads	Local grains
<b>Coffees, Teas, &amp; Juices</b>		
<b>Desert Tortoise Botanicals</b>	Autumn-Winter Tea, Sonoran Cocoa, Sonoran Spring Tea, Sonoran Summer Tea, Wild Mint Medley, Desert Flower Tea, Prickly Pear Juice Concentrate	Yerba mansa, holy basil, elderberries, Velvet mesquite meal, Santa Cruz mild chile powder, desert lavender, desert willow flowers, estafiate, prickly pear flowers, ocotillo flowers, elder flowers, wild mint, desert willow flowers, ocotillo flowers, hollyhock flowers, prickly pear fruit juice
<b>EXO Roast Company</b>	Chiltepin Cold-Brewed Coffee, Mesquite Cold-Brewed Coffee	Wild native chiles, Velvet mesquite pod syrup
<b>Iskashitaa Refugee Network</b>	Prickly Pear Juice	Prickly pear fruit juice

<b>Native Seeds/SEARCH</b>	Desert Mint White Sage Tea, Pomegranate Cranberry Tea, Prickly Pear Cactus Tea, Saguaro Blossom Cactus Tea	White sage, peppermint, Pomegranate, Prickly pear cactus fruit, Saguaro cactus fruit and blossoms
<b>San Xavier Co-op</b>	Roasted Bahi Cu:wi Wheat Flour for pinole*	Pima club wheat for pinole
<b>Fermented &amp; Pickled Foods</b>		
<b>San Xavier Co-op</b>	Pickled Cholla Buds (regular and hot)	Pickled cholla buds, jalapeños
<b>Fermented Tea Company</b>	Prickly Pear Kombucha	Prickly pear fruit juice
<b>Bajo Tierra Kitchen</b>	Sonoran Kimchi	Chiltepin peppers, cilantro, and other ingredients
<b>Meats</b>		
<b>Papa Mikes Homemade Jerky</b>	Chiltepin Homemade Jerky, Mesquite Homemade Jerky	Chiltepin peppers, mesquite liquid smoke
<b>Sausage Shop Meat Market and Deli</b>	Dragoon Beer Brats, Whiskey del Bac Fennel Sausage	Dragoon Session Ale, Whiskey del Bac
<b>Oils &amp; Vinegars</b>		
<b>Iskashitaa Refugee Network</b>	Local Date Vinegar	Local dates
<b>Local Southwest</b>	Mesquite-Smoked Olive Oil, Pecan Smoked Olive Oil, Prickly Pear Balsamic Vinegar	Extra virgin olive oil, mesquite wood, southern Arizona pecans, prickly pear fruit juice, aged balsamic vinegar
<b>Tubac Olive Oil</b>	Mesquite-Smoked Olive Oil	Extra virgin olive oil smoked with mesquite wood
<b>Sauces, Salsas, &amp; Relishes</b>		
<b>Bean Tree Farm</b>	Barrel Cactus Chutney, Mesquite Barbecue Sauce, Mesquite Chocolate Chile Sauce, Mesquite Mustard, Prickly Pear Barbecue Sauce, Prickly Pear Cactus Mustard	Barrel cactus fruit, Velvet mesquite, chile, velvet mesquite pods, prickly pear fruit
<b>Chiltepica/Huemac &amp; Gloria Badilla Iskashitaa Refugee Network</b>	Chiltepica Salsa Balsamic Fig Onion Chutney	Wild chiltepin peppers with other ingredients Local figs, barrel cactus fruit, locally roasted garlic, date vinegar, wild chiltepin peppers
<b>We B Jamin</b>	Prickly Pear Chipotle Sauce	Prickly pear fruit and chipotle sauce
<b>Soups, Beans, &amp; Porridges</b>		
<b>Bean Tree Farm</b>	Tepary Bean Tempeh	Fermented and processed tepary beans
<b>San Xavier Co-op</b>	Bo:sol Corn, Pima Club Wheat, Kernels with Tepary Beans*, Ciolim Soup Mix, Ga'iwsa Roasted 60-Day Corn*	Posole corn, Pima Club wheat kernels, red tepary beans, dried cholla buds, whole wheat Pima wheat grains, Pima lima beans
<b>Syrups, Jellies, Marmalades, &amp; Candies</b>		
<b>Arizona Cactus Ranch</b>	Pomegranate Syrup, Prickly Pear Cactus Nectar	Pomegranate arils, concentrate of prickly pear fruit juice
<b>Cheri's Desert Harvest</b>	Agave Nectar, Prickly Pear Cactus Syrup, Candy, and Jelly	Organic agave nectar, prickly pear fruit juice
<b>Southwest Bee Supply</b>	Agave Nectar	Agave nectar
<b>Iskashitaa Refugee Network</b>	Pomegranate Syrup, Cactus Fruit Chips, Calamondin Lime and Pomegranate Marmalade, Candied Barrel Cactus Fruit Pixie Sticks: Mexican Candy, Beer Salt, Prickly-Pear, and Calamondin Lime Marmalade	Pomegranate arils, cactus fruit, Calamondin limes and pomegranates, barrel cactus fruit, local citrus juice, dried chiles/chiltepins, prickly pear
<b>The Mesquiteria</b>	Prickly Pear Cactus Popsicles	Prickly pear fruit juice
<b>Tohono O'odham Community Action</b>	Saguaro Cactus Syrup	Syrup from saguaro cactus fruit
<b>We B Jamin</b>	Prickly Pear Cactus Syrup and Jelly, Mesquite Syrup, Pomegranate Jelly, Tequila Sunrise Marmalade	Prickly pear fruit juice, syrup flavored with mesquite, jelly from pomegranate juice, tequila marmalade over prickly pear fruit jelly
<b>Varietal Raw Honey</b>		
<b>Dos Manos Apiaries; True Love Honey; t.o.n.e. nutrition; Malcolm's Honey Company</b>		Honey from Catclaw acacia blossoms
<b>Dos Manos Apiaries</b>		Honey from Creosote bush blossoms
<b>t.o.n.e. nutrition; Lusby Apiaries; Southwest Bee Supply; Cheri's Desert Harvest</b>		Honey from desert wildflowers
<b>Malcolm's Honey Company</b>		Honey from Ironwood blossoms
<b>Cheri's Desert Harvest; Dos Manos Apiaries; Lusby Apiaries; Southwest Bee Supply; ReZoNation Farm; Malcolm's Honey Company; San Xavier Co-op; t.o.n.e. nutrition; True Love Honey; Tucson Honey Company</b>		Honey from Velvet mesquite blossoms
<b>Wild Foods</b>		
<b>San Xavier Co-op</b>	Chiolim Dried Cholla Buds*	Dried Cholla cactus flower buds
<b>Flor de Mayo Arts</b>	Chiolim Dried Tohono O'odham Cholla Cactus Buds*	Dried Cholla cactus flower buds